

# 2010 Athletic Training Summer Camp Registration Form

June 10-12, 2010

Commuter       Resident

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_

Grade next fall: \_\_\_\_\_

Name of High School: \_\_\_\_\_

Roommate Preference: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Circle Shirt Size: XS   S   M   L   XL

Make check or money order payable to:

**LMC Athletic Training Camp**

**Registration funds received prior to May 17 will receive \$25 off registration fee.**

### **CANCELLATION/REFUND POLICY**

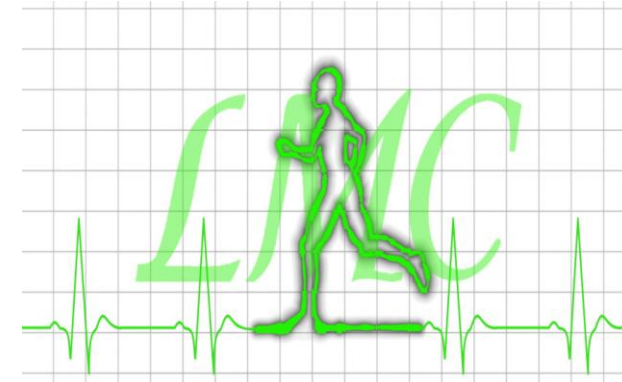
A \$50 nonrefundable deposit must accompany the registration.

Balance must be paid in full by May 31. No refunds after June 5.



Logan Medical Center  
Sports Medicine Team  
P.O. Box 1017  
Guthrie, OK 73044

# LMC ATHLETIC TRAINING SUMMER CAMP



## Grades 9-12 and Coaches

## June 10-12, 2010

**Logan Medical Center** is excited to offer a two and a half day sports medicine camp for high school students. Through this camp, students will learn the basics in first aid, taping skills, and equipment management. They will also get the chance to hear several speakers who are at the top of their respected professions, such as The OKC Thunder, OSU, and the NFL.

This camp is targeted towards students who wish to go on to work in the medical profession in the future or who work as a student athletic trainer or sports manager at their high school. Please go to [www.loganmedicalcenter.com](http://www.loganmedicalcenter.com) to print off and sign liability page. You can email any questions to [lmcsportsmedicine@loganhosp.com](mailto:lmcsportsmedicine@loganhosp.com) or call 405-260-4371.

### What to Bring?

- Comfortable clothing
- Shorts for taping sessions
- Swimsuit
- Toiletries

**Meals:** All meals (breakfast, lunch, and dinner) are provided.

### Resident Fee:

- Early Registration- \$200 (due by May 17)
- Regular Registration- \$225

**Commuter Fee:** \$125

Holiday Inn Express  
Southern Baptist Life Event Center

## LMC Athletic Training Summer Camp Schedule

### Thursday, June 10

12:00	Check In
1:00-1:30	Welcome
1:30-2:30	Dermatological Issues/MRSA (Ms. Lisa Curtess, PA)
	Wound Care/First Aid
2:30-3:15	Wound Care Lab
3:15-4:00	Break
4:00-4:15	Basic Anatomy
4:15-5:00	Video Lectures
5:00-6:00	Dinner
6:00-7:00	Taping Procedures
7:00-8:00	Taping Lab
8:00-9:00	Swimming/Activities
9:00-10:30	Lights Out
10:30	

### Friday, June 11

8:00-8:30	Breakfast
9:00-10:00	Emergency Action Plan (Mr. Joe Sharpe, ATC)
	Break
10:00-10:15	Nutrition (Ms. Jennifer Klufa)
10:15-11:15	Taping Lab
11:15-12:00	Lunch
12:00-1:00	Flexibility/Stretching Techniques (Mr. Jason Prather, ATC)
1:30-2:00	Stretching Lab
2:00-3:00	Hydration/Heat Illnesses (Mr. Kyle Davis, ATC)
3:00-3:15	Break
3:15-4:15	Common Injuries (Mr. Mark Brown, PT)
	Concussion Management (Mr. Rob Hunt, ATC)
4:15-5:15	Taping Lab
5:15-6:00	Dinner
6:00-7:00	Spinal Injuries/ Emergency Response (Dr. Bill Worden, Emergency Medicine)
7:00-8:00	Spine Boarding Lab
8:00-8:30	Splinting Review and Lab
8:30-9:00	Swimming/Activities
9:00-10:30	Lights Out
10:30	

### Saturday, June 12

8:00-8:30	Breakfast
9:00-9:30	Athletic Training Career Options
9:30-10:30	Athletic Training Olympics/ Awards/ Wrap Up
11:00	Check Out of Hotel

Each camper must provide his/her own medical insurance. A photocopy of the front and back of your health insurance card must be included with registration.

### Insurance Information (please print)

Name: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Insurance Company Address: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Policy Holder: \_\_\_\_\_

## Gold Sponsors

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F & M Bank

First Capital Bank

IBC Bank

Oklahoma State Bank

**Please mail this form back with the Liability form to:**

**LMC Sports Medicine Team  
P.O. Box 1017  
Guthrie, Ok 73044**