



SOONER SPORTS MEDICINE SYMPOSIUM

“THE SPINE IN SPORT”

FRIDAY JANUARY 14, 2011

Embassy Suites
Norman - Hotel & Conference Center
2501 Conference Drive
Norman, OK 73069

Developed by
The Department of Intercollegiate Athletics, Division of Athletic Medicine, University of Oklahoma
and
The Department of Orthopedic Surgery and Rehabilitation, University of Oklahoma Health Sciences Center

117-128400
University of Oklahoma
Athletic Medicine
180 West Brooks
Norman, OK 73019



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Friday, January 14, 2011

- 7:15 a.m. Registration and Continental Breakfast
- 8:00 a.m. **Welcoming Remarks and Introductions**
Brock Schnebel MD, Oklahoma Sooners
- 8:05 a.m. **Examination of the Spine**
Tom Tolli MD, Tampa Bay Devil Rays
- 8:30 a.m. **Differential Diagnosis of Spinal Pain**
Tom Tolli MD, Tampa Bay Rays
- 8:50 a.m. **Lumbar Discogenic Pain, HNP and Stenosis**
Robert Watkins MD
- 9:20 a.m. **Spondylolysis and Spondylolisthesis**
Drew Dossett MD, Dallas Cowboys
- 9:45 a.m. **Spine in the Weight Room**
Lance Walker PT, Michael Johnson Performance Center
- 10:30 a.m. Break
- 10:50 a.m. **Burners & Stingers**
Anthony F Guanciale MD, University of Cincinnati/Cincinnati Bengals
- 11:10 a.m. **Cervical Stenosis and Transient Neuropraxia**
Robert Watkins MD
- 11:40 a.m. **Cervical HNP and Neck Pain**
Drew Dossett MD, Dallas Cowboys
- 12:00 p.m. **Spine Rehabilitation**
Jim Hillis PT/ATC, Oklahoma Sooners
- 12:40 p.m. Lunch
- 1:10 p.m. **Spine Trauma and On-Field Management**
Robert Watkins MD
- 1:40 p.m. **Spinal Causes of Disqualification**
Brock Schnebel MD, Oklahoma Sooners
- 2:00 p.m. **Parting Pearls of Wisdom from the Panel**



GENERAL INFORMATION

OBJECTIVES:

Upon completion of this course, participants should be able to:

1. Discuss through oral presentations the various sport-related spine injuries including fracture, sprain, neurogenic, and overuse syndromes.
2. Review the prevention of, and operative versus non-operative options of spine injury in sport.
3. Discuss current trends in sports medicine management of spine injury.
3. Discuss through oral presentations and hands-on demonstrations the important skills and techniques in preventing and managing spine injury.

CREDIT: Physicians may claim *AMA PRA Category 2 Credit™* for learning activities not designated for *AMA PRA Category 1 Credit™* that comply with the AMA definition of CME, are not promotional and are worthwhile learning experiences related to his/her practice. Physicians may self claim one (1) *AMA PRA Category 2 Credit™* for each 60-minute hour engaged in the learning activity and claim credit in 15 minute, or .25 credit increments and round to the nearest quarter hour.



The University of Oklahoma Department of Intercollegiate Athletics is recognized by the Board of Certification, Inc., to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 20 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

Approval is pending from the Oklahoma State Board of Medical Licensure & Supervision, Physical Therapy Advisory Committee, for approval of Category A hours for physical therapists.

REGISTRATION: Advance registration is required on or before **January 12, 2011**. Registration is required for CME/CEU credit. **The registration fee is \$50.00. The registration fee is waived for students.**

HOUSING: Room rates have been secured at the Embassy Suites and Conference Center in Norman. Reservations are the responsibility of the individual. Specify the “Sooner Sports Medicine Symposium.” Deadline for reservations: January 10, 2011.

**Embassy Suites Hotel & Conference Center
2501 Conference Drive
Norman, OK 73069
(405) 364-8040**

EMERGENCY CALLS: You may be reached during conference hours at (405) 271-4426.

FURTHER INFORMATION is available by calling the Orthopedic Surgery Department at (405) 271-4426 or 271-5964.

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