



2021 OATA ANNUAL MEETING AND CLINICAL SYMPOSIUM

Location: Online via Eventbrite
Fees \$75 Meeting + \$6 technology fee
Required Materials: None

CEUs: 11.75 Total (5.5 EBP, 6.25 Category A)
Sponsors: None
Registration <http://www.oata.net>

Objectives

- Discuss the current research related to the risk of posttraumatic osteoarthritis following ACL reconstruction and the implementation of effective rehabilitation to avoid OA.
- Identify the role of the SSAT in mental healthcare and how to develop EAPs for appropriate mental health interventions
- Critically analyze and discuss current evidence-based literature involving positive clinical outcomes in using various types of tourniquets.
- Develop a care plan using therapeutic exercise and blood flow restriction therapy for a patient with a lower extremity injury.
- Understand the difference in impact of common fad diets on performance for general athletes as compared to tactical athletes
- Discuss current research regarding VOMS, concussion assessment/management, and to demonstrate the use of VOMS with telemedicine.
- Understand the business side of athletic training and the importance of good record keeping for not only the continuum of care but also to demonstrate value, specifically at the secondary school level.
- Identify the role of language in culture and what words might be offensive.
- Identify the different causes and management techniques of shoulder instability
- Discuss the pathophysiology and treatment options associated with functional ankle instability.
- Identify the potential risk involved with athletes returning to play after symptomatic and asymptomatic cases of COVID-19 and apply knowledge to develop RTP protocols

Available Content

CEUS	Presentation	Speakers
2 EBP	Osteoarthritis and ACL Injuries	Brian Pietrosimone PhD
1.5 EBP	Emergency Action Planning for Mental Health Crisis in the Secondary School Setting	Larry Cooper MS, LAT, ATC Stacey Ritter MS, ATC, ITAT
1 EBP	Tactical to Practical Pre-Hospital Care: Management of Mass Hemorrhage	Ralph Castle PhD, LAT, ATC

1 EBP	Blood Flow Restriction: Therapeutic Applications for the Lower Extremity	Phillip Vardiman PhD, LAT, ATC, CSCS, TSCAC-F Katherine Newsham PhD, LAT, ATC
1	Fad Diets: The good, the bad, and the ugly for performance	Jill Joyce PhD, RD
0.5	Vestibular Ocular Motor Screen (VOMS) in the age of COVID: A video conference application	W. David Carr PhD, ATC Becky Bliss PT, DPT, DHSc
1	Secondary School Value Model	Larry Cooper MS, LAT, ATC
1	We Can All Do Better	Bryan Smith LAT, ATC
0.75	Shoulder Instability	Timothy Geib MD
1	Femoroacetabular Impingement in Athletes	John Glomset MD
1	Cardiac Concerns of Post COVID-19 in Athletes	Amanda Woods LAT, ATC

Cancellation/Refund Policy:

Refunds of this nature must be received within 10 days of the conclusion of the event and be approved by the Annual Meeting Chair and are subject to a \$10 administrative fee.

- Refund Requests must list "OATA Meeting Refund" in the subject line and include:
Full Name Address, NATA Membership Number, Conference Date



Oklahoma Athletic Trainers' Association (BOC AP #P307) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers.